

[Zoom link](#)

## **Courage to Change AFG Meeting**

March 8 2021

Welcome to the Courage to Change AFG meeting! Could we have a moment of silence followed by the Serenity Prayer?

1. \_\_\_\_\_, would you read the welcome?
2. \_\_\_\_\_, would you read the Preamble to the 12 Steps?
3. \_\_\_\_\_, would you read the 12 steps?
4. \_\_\_\_\_. Could we have the introductory paragraph for the Traditions, followed by the Tradition of the month?
5. \_\_\_\_\_, could we have the introductory paragraph for the Concepts, followed by the Concept of the month?
6. Could we have the Crosstalk Statement? *post this link in the chat:*  
<https://www.alanon-maryland.org/wp-content/uploads/2021/03/C2C-Xtalk.pdf>
7. Reminder: Whom you see here, What you hear here, When you leave here, Let it stay here.  
Let's leave other affiliations outside!
  - your professions, • other philosophies, • other 12 step programs,
  - religions, • outside publicationsKeep the focus on our program, please!"
8. If you are attending your first Al-Anon meeting, would you care to introduce yourself by your first name?  
Would \_\_\_\_\_ read the Newcomer's Welcome? *post this link in the chat*  
<https://www.alanon-maryland.org/wp-content/uploads/2021/03/C2C-Newc.pdf>

*Then, post in chat the following text:*

You may request a free newcomers' information packet, and purchase other Al-Anon literature, by emailing [alanonliteraturedepot@gmail.com](mailto:alanonliteraturedepot@gmail.com), or leave a message at (443) 528-5992

9. Please remember to mute your phone or computer unless you are sharing.  
Are there any announcements?
10. Today, we are continuing with *From Survival to Recovery* [keep track of where we are]

11. The meeting is now open for sharing.
12. Thanks everyone for a great meeting! The host will keep the meeting open for fifteen minutes for fellowship. Could \_\_\_\_\_ read the closing?