# 44th Annual Al-Anon Family Groups of Maryland and the District of Columbia

# **Online Spring Convention 2021**

With AA Participation

Al-Anon & AA Speakers

> Spirituality Speakers



Al-Anon and AA
Topic Meeting

Original
Entertainment

Web Site: www.tinyURL. com/AFG24SC

# Having Fun Again

June 12: 8:30 to 2 June 13: 12:30 to 6



QR Code to register

https://forms.gle/wK8tKS7gngigfdz26 or QR code to register and be emailed the Zoom ID and Password. You can also sign up online to lead a topic meeting.

Questions or need help registering? Email MDDCSpringCon@gmail.com

Contributions gratefully accepted. PayPal to <a href="MDDCSpringCon@gmail.com">MDDCSpringCon@gmail.com</a>. Checks made out to AFG Spring Convention, mail to AFG Spring Convention, 14 Ridge Rd, Unit T, Greenbelt, MD 20770-2950

Topic meeting schedule including meeting times on the "Schedule" page at www.tinyURL.com/AFG24SC

# **Al-Anon Meeting Topics**

### **Saturday Only**

- 1. Steps 1, 2, 3: Start the Game
- 2. Steps 4, 5, 6: How Do I Play?
- 3. Traditions: Rules of the Game
- 4. Humor: Learning to Laugh At Myself
- 5. Sponsorship: Follow the Leader **Sunday Only**
- 6. Steps 7, 8, 9: It's Your Turn
- 7. Steps 10, 11, 12: Be a Winner
- 8. Concepts: Playing Together in Service
- 9. Boundaries: Play by Whose Rules?
- 10. Finance: A Balancing Act

## Saturday and Sunday

- 11. Adult Children: Mother May I?
- 12. Fear: Freeze Tag Is No Fun
- 13. Intimacy: Hide and Seek
- 14. Gratitude: Enjoying the Toys We Have
- 15. Resentment: Drop the Rope
- 16. Self-Esteem: I am a Winner
- 17. Spirituality: Finding Our One True Friend
- 18. Acceptance: The Game of Life
- 19. Detachment: Avoid Trivial Pursuits
- 20. Slogans: What's in My ToyBox

# **AA Meeting Topics**

- 21. Sat: We are not a glum lot
- 22. Sat: After the honeymoon: 5yr, 10 yr, 15yr, beyond

23. **Sun:** Everyday Living: Maintenance

24. Sun: Better than Gold

# THE 44th ANNUAL AL-ANON AREA 24 SPRING CONVENTION via ZOOM with AA PARTICIPATION

# Having Fun Again

# **CONVENTION SCHEDULE**

Saturday, June 12, 8:30 to 2 & Sunday, June 13, 2021, 12:30 to 6

https://forms.gle/wK8tKS7gngigfdz26 to sign up to lead a topic meeting when registering and be emailed the Zoom ID and Password. Topic meeting numbers are on the online registration page and the front page of this flyer.

**Saturday June 12, 8:30 – 2** 

8:30am Convention Opening & Welcome

#### 9:00- 9:45am Topic Meetings

- Traditions: Rules of the Game
- Slogans: What's In My Toybox?
- Sponsorship: Follow the Leader
- Gratitude: Enjoying the Toys We Have
- Fear: Freeze Tag Is No Fun
- AA: We are not a glum lot

#### **10:00-10:45am** *Topic Meetings*

- Steps 1, 2, 3: Start the Game
- Self-Esteem: I'm a Winner
- Detachment: Avoid Trivial Pursuits
- Adult Children: Mother May I?
- Acceptance: The Game of Life
- AA: After the honeymoon: 5yr, 10 yr, 15yr, beyond

#### 11:00-11:45am Topic Step Topics

- Steps 4, 5, 6: How Do I Play?
- Humor: Learning to Laugh At Myself
- Spirituality: Finding Our One True Friend
- Resentment: Drop the Rope
- Intimacy: Hide and Seek
- AA: Question and Answer Panel

12:00-1:00pm Al-Anon Speaker

1:05pm Entertainment

**2:00 Closing** 

# **Sunday June 13, 12:30 – 6**

12:30am Convention Opening & Welcome

12:45-1:45pm AA Speaker

#### 2:00-2:45pm Topic Meetings

- Concepts: Playing Together in Service
- Intimacy: Hide and Seek
- Finance: A Balancing Act
- Boundaries: Play By Whose Rules?
- Resentment: Drop the Rope
- AA: Question and Answer Panel

### 3:00-3:45pm Topic Meetings

- Steps 7, 8, 9: It's Your Turn
- Acceptance: The Game of Life
- Gratitude: Enjoying the Toys We Have
- Fear: Freeze Tag Is No Fun
- Detachment: Avoid Trivial Pursuits
- AA: Everyday Living: Maintenance

### 4:00- 4:45pm Topic Meetings

- Steps 10, 11, 12: Be A Winner
- Spirituality: Finding Our One True Friend
- Self-Esteem: I'm a Winner
- Adult Children: Mother May I?
- Slogans: What's In My Toybox?
- AA: Better than Gold

5:00-5:45 pm 3 Al-anon Spirituality Speakers

5:45 Closing